

Aspects of Finnish nature through melodies



DAY 1

Arrival to Villa Concerto, Kouvola. Villa Concerto is home of Finnish family. Presentation of the house and owners with welcome drinks /juices made of spruce sprout and buckthorn. Accommodation either in double or single rooms.



After arrival, special Kantele workshop in where you learn to play traditional Finnish instrument called kantele with the daughter of the family, Viola. During the workshop, you'll be taught the basic playing techniques on the 5-string kantele as well as traditional Finnish melodies called rune singing poetry... and the best: previous musical background is not required!

After workshop evening snack and sauna.



DAY 2

Tasty breakfast is served and after breakfast slow walk around a small lake located nearby the house. Kalalampi is rich in natural resources and during the walk you will get information about traditional Finnish plants and berries. You will also pick up some herbs, plants, berries or mushrooms depending on season.



After the walk, transfer to a local cafeteria located in beautiful surroundings close to an old mill.

Later in the afternoon, return to Villa Concerto. Free time for relaxing. At 4.00 pm concert, which is full of Finnish tunes, music and songs performed by the family: as a solo recitalist and as a chamber orchestra!



Later in the evening sauna and snack with traditional Finnish pancakes.

DAY 3

Good morning! After breakfast, the morning starts with baking something really Finnish: a blueberry pie or Finnish buns! After breakfast, transfer to Repovesi national park, which is dotted with blue lakes and ponds and offers fine views over the treetops from the park's high spots and some special highlights like hanging bridge!



The route will be chosen depending on group size and physical condition of the group members. During the walk a snack lunch with coffee around open fire in cozy Lapp-style hut is served.

After walk, the evening will be spent in a cottage where you will learn to play "Mölkky" a Finnish throwing game invented in 1996. Mölkky is suitable for everyone regardless of age and condition. Players use a wooden pin to try to knock over wooden pins of almost similar dimensions of the throwing pin... even Mölkky world championships are organized on annual basis! Later in the evening possibility to try traditional Finnish sauna



with dipping in the lake! Before returning back to Villa Concerto, evening snack with sauna sausages and ice cream...

Overnight in Villa Concerto.

DAY 4

Breakfast and thank you visiting!

Price:	930 € / per person, if 6-12 persons / per group 990 € / per person, if 4-5 persons / per group
Price includes:	Accommodation in a double room with breakfast for three nights, kantele workshop, two walking trips, concert, lunch on day two, snack lunch on day three, evening snack in all evenings, saunas in Villa Concerto and at the cottage and local transfers (from / to Villa Concerto to the mill, Repovesi national park and cottage)
Price doesn't include:	Airport transfers
Group size:	min. 4 persons and max. 12 persons
Duration:	3 nights and 4 days
Availability:	Year around
Optional extras:	Overnight and smoke sauna at the cottage.
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